



Emergency or Emergence?  
From Crisis to Calling

with Catherine G Lucas

*How to move from crisis to calling AND flourish financially.*

**Journalling Prompts**

To help you recognize a calling, with thanks to Tara Mohr:

You feel pain or frustration

You have a powerful vision



You feel inspired or compelled to act

You feel in the flow while working on it



You feel huge resistance

You don't – yet - have everything you need

You aren't — yet — the person you need to be